

## All things Wimbledon

Join in with Wimbledon with our tennis-inspired activity ideas for nurseries and invite family and friends to join in the fun too!

### Learning aims

- Keeping children physically active and healthy
- Supporting children's social relationships
- Develop team game skills
- Developing communication, language and maths skills.



### Activity Outline

#### Tennis

- Set up a small tennis court using chalk/ropes/child sized rackets and a mix of soft balls and tennis balls for children to use
- Alternatively, you could play balloon tennis with children using their hands to direct the balloons across the line
- Older children can create a scoreboard by drawing/painting numbers onto squares of card.

#### Tennis ball fairy cakes

Use a basic cake mixture and decorate the top of the cake with green icing and pipe white icing onto the cake to create the lines on a tennis ball.

#### Tennis ball art

- Provide a large piece of plain material or paper for the artwork
- Pin it up on a wall or you can leave it on the ground. Provide trays with different coloured paints and tennis balls
- Encourage the children to throw or roll the balls on the material to create a ball themed piece of artwork.

#### Threading

Create a tennis racket shape out of card, make the strings section into a threading area, and encourage children to thread different materials into their racket.

### **Measuring distance**

- Test a range of balls to see which can be hit the furthest using a racket e.g. tennis ball, football, soft ball.
- Compare the distance between being hit with a racket and being thrown by hand. Use a measuring tape and record your results to create a class book.
- Think about creating your own strawberry inspired dishes e.g. strawberry smoothies, strawberry ice-llolies, strawberry fruit salad or strawberry cheesecake.

### **Families**

- Invite parents to take part in your Wimbledon activities.
- Strawberries and cream are traditionally offered at Wimbledon, provide them to your visiting families as a tasty treat.
- Have a parents 'balloon tennis' competition with children involved in the scoring, serving drinks and snacks and taking part in family and child matches.
- Whichever activity you decide to do; the important thing is to have fun!